

President Cleveland to attend 2nd Tribal Nations Conference in Washington, D.C.

Submitted by Anne Thundercloud HCN Public Relations Officer

Ho-Chunk Nation President Wilfrid Cleveland says he plans to attend the second Tribal Nations Summit hosted by US President Barack Obama on December 16 in Washington, D.C., but not without expressing concern. The White House announced in

The White House announced in mid-November that President Obama planned to hold a second White House Tribal Nations Conference.

ence.
"We met in the Department of the Interior," President Cleveland said of last year's conference where he publicly addressed President Obama and over 450 tribal leaders, "when leaders from other countries come to America, Obama meets with them in the oval office. What makes us any different?"

"Rather than making us come to him, I'd like to see him come to Indian Country. Even if it has to be region by region," Cleveland adds,

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"several times we've tried to reach him through his conduits and we heard nothing back. I'd like to see how they plan to improve communication."

Last year President Obama signed an executive memo directing his staff to submit plans of action to carrying out former President Clinton's Executive Order 13175- Consultation and Coordination with Indian Tribal Governments.

"My Administration is committed to regular and meaningful consultation and collaboration with tribal officials in policy decisions that have tribal implications," Obama's Nov. 9, 2009 memo reads, "consultation is a critical ingredient of a sound and productive Federal-tribal relationship."

President Cleveland said he is interested in seeing what is next and added, "I would like to see them turn the tribal consultation process into law. Meaning-ful consultation with the tribes should be made permanent. We don't know what to expect from Administration to Administration. Will the next President continue to move forward with this process? We don't know that."

"But we also need to look at the positives," President Cleveland said, "this year the Tribal Law and Order Act was passed and the Indian Health Care Improvement Act was made permanent. Good things are happening for Indian country, but our work is nowhere near done.

This is the second conference for President Obama. It's new for a President to be working so closely with Native Nations' leaders to put a system in place improving our government to government relationships."

Celebrating our Nation

Sara L. Peterson Staff Writer

We are all aware that our nation has come a long way from years gone past. We have grown strong and have built a government that can stand on its own, in many ways we are self sustaining. The Ho-Chunk Nation operates Casinos, Clinics, Wellness Centers, Youth Centers and many more facilities that provide jobs, stability,

security and wellness to the Ho-Chunk Nation.

Now as we gather together to celebrate our great nation at the Ho-Chunk Day held November 26, 2010, we celebrate those founding members of the Wisconsin Winnebago Business Committee. On this day we give recognition to the three original members that are still walking the earth with us.

As a background the Wis-

consin Winnebago Business Committee was founded in 1961, and was officially recognized in 1963 under the 1934 Indian Recognition Act. In 1963 they drafted and redrafted the very first Wisconsin Winnebago Tribal Constitution. Without the WWBC we may never have become the great nation that we are today.

We have a lot to be thankful for and with good reason

Ho-Chunk Day is held the day after Thanksgiving. Ceremonies began with the Legion posts presenting their colors to pay homage to our veterans and those that built the Ho-Chunk Nation with

Continued on Page 6



(L-R) Ho-Chunk elder Bernadine Talmadge - one of the original WWBC members was teleconferenced live from her home in Arizona, Alvin Cloud - Ho-Chunk tribal elder and emcee for the day, and President Wilfrid Cleveland.

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Want something special placed in the Hocak Worak? Limited space is available so send your request in early. Submissions will be handled on a first come first serve basis.

Kii jire Naagu Report

The "Kii jire Naagu" word was given by the Traditional Court after Mr. Donald Greengrass, Sr. and I visited them and explained about the tribal members, who brought us here by helping one another. These tribal members with respect to them are: Mr. Robert Funmaker, Sr.; Mr. Alvin Miner; Mr. Kenneth Littlegeorge, Sr.; Mr. Dennis Funmaker, Mr. Phillip Deere; Mr. Edward Winneshiek, Ms. Barbara Littlegeorge, Ms. Myrle Taylor, Ms. Ruth Stacy, Ms. Deanna Greendeer and Ms. Carol St Cyr. It is through their efforts that we have made progress to be where we are today. The Traditional Court after deliberating for several weeks then gave this name to the workgroup to be used for the Healing Center. The "Naagu" represents the Road that we travel.

I would like to give a brief update on current projects which are important to the Ho-Chunk people and the future generations. During the past couple months; the Healing Center Work Group has been meeting on a monthly basis with introductory remarks from planning members. The Work Group has been looking at community protective factors and defining the vision for

success, as well as, defining the mission and philosophy and site visit discussion.

The Work Group is looking at target population for the proposed program and facility and incorporates in the program planning element. The intervention strategies will be discussed and results in agreement on the key program components for the target population to be served. The Work Group will making a site visit to a facility which has program components that are culturally competent based upon cultural values and vision as it relates to the intended project mission. The critical mission of the

The critical mission of the Healing Center Planning Committee will be to design the program content and sustaining the services through effective strength based program design. Some of the key strategies include: (1) Develop and operate a healing and learning environment for Native people. (2) Promote traditional Native values and beliefs to encourage and foster the healing, rebuilding and strengthening our Native communities. (3) Promote the spiritual, emotional, mental and physical well-being of Native individuals and communities.

THE MILESTONES OF THIS 12-MONTH PROJECT ARE AS FOLLOWS:

- Initial visit/Orientation/Establish Participatory Planning Process
- Identify Problems and Issues
- Establish Values, Vision and Mission
- Develop Target Population Profile
- Assess Tribal Support System
- Forecasting Capacity Needs
 Prepare Final Needs
 Assessment Report
- Assessment Report

 Develop Recommendations
 Regarding Community
 Based Out-patient
 Alternatives
- Develop Recommendations for Changes to Streamline Justice System Policy and Practice
- Establish and Describe Facility Requirements
- Develop Site Requirements for Proposed Facility
- Develop Preliminary
 Estimates for Building and
 Operating Costs
- Estimate Costs For Alternative Programs
- Identify Funding Options
 and Feasibility
- and Feasibility
 Prepare Final Master Plan
 Report

These Workgroup meetings are open to the public. Documents may be obtained by simply requesting from Nancy Watenphul, HCN



Kii jire-"We can help each other by sharing our blankets, our food, and campfire to sustain us through the winter"

Senior Planner. The next meeting will be held on December 16, 2010 from 9 AM – 4 PM; Legislative Conference Room @ Executive Office Building in Black River Falls.

These meetings are informal and everyone is given the opportunity to express themselves and their ideas. We need to hear from anyone who is interested in

helping us reach the goal of the creation of the "Kii jire Naagu".

If you would like to make a comment electronically e-mail address is:

Rdecorah@ho-chunk.com or Tgreendeer@hochunk.com

"wa'iniginapwi" Thank you all – Roberta Decorah

Presidential Listening Sessions

2011

The public listening sessions are an opportunity for the Ho-Chunk Nation President, Wilfrid Cleveland and the Departmental Executive Directors to hear from you, Ho-Chunk Nation tribal members. The Office of the President will be holding listening sessions as follows.

Listening Session Information:

When: Thursday, January 6, 2011, 4:00 pm to 8:00 pm Where: Minneapolis/St. Paul Branch Office building, Griggs Midway Building, 1821 University Avenue, St. Paul, MN. In conference room 330 South (same room used for the area meetings). Please enter the front of the building on the corner of Fairview and University.

When: Monday, January 17, 2011, 4:00 pm to 8:00 pm Where: La Crosse Branch Office, (Three Rivers House) 724 Main Street, La Crosse, WI

When: Wednesday, January 19, 2011, 4 pm to 8 pm Where: Green Bay Radisson Hotel & Conference Center, 2040 Airport Drive, Green Bay, WI

When: Thursday, January 20, 2011, 4:00 pm to 8:00 pm Where: Wittenberg Health Office, N 7240 Hwy 49 North, Wittenberg, WI

When: Monday, January 24, 2011, 4:00 pm to 8:00 pm Where: Tomah ~ Blue Wing Community Center, 320 Epinal Road, Tomah, WI

When: Tuesday, January 25, 2011, 4:00 pm to 8:00 pm Where: Madison Branch Office, 1320 Mendota St. Suite 107-108, Madison, WI

When: Thursday, January 27, 2011, 4:00 pm to 8:00 pm Where: WI Dells/Baraboo ~ House of Wellness, S2845 White Eagle Road, Baraboo, WI

When: Monday, January 31, 2011, 4:00pm to 8:00 pm Where: WI Rapids/Nekoosa ~ Nekoosa Community Building, 916 Chakh ha Chee Lane, Nekoosa, WI

When: Wednesday, February 2, 2011, 4 pm to 8 pm Where: Black River Falls ~ HHCDA Community Building, W8813 Mission Road, BRF, WI

The Office of the President and the Executive Directors will be present to hear your thoughts and take part in conversation pertaining to the Nation and the Executive Branch departments.

We hope you will participate and look forward to hearing from you.

ATTENTION 2010 Tax Document Information that may affect you.

Greetings to all.

Please review the check list below and make sure that you have completed all items that are relevant to your situation.

- You will need to complete a new Form W-4 and/or WT-4 for 2010 if your withholding allowances have changed. These forms are available on ho-chunknation.com under Treasury.
- If you claimed exempt status on your federal Form W-4 or your state form WT-4 you are required to complete a new form for 2011.
- If you are currently claiming Advanced Earned Income Credit, after December 31st 2010, you will no longer receive the payments through your payroll check due to changes made by the Internal Revenue Service.
- Check the address that prints on your payroll check or direct deposit advice. This is the address that is in the payroll system and to which your W-2 will be mailed. Be sure to up date your address with your supervisor or the Personnel Department if it has changed.
- 1099's will be printed using the address verification supplied to the Enrollment Department.



Effective January 1, 2011 there will be a \$5.00 charge for each W-2 or 1099-M reprint.

It is very important to make sure your current address is printed on your payroll check, percap check or direct deposit advice.

Contact: Ho-Chunk Nation Treasury Department. Attention payroll help line @ (800) 294-9343, ext. 1240

Fighting diabetes through education

Michelle Obama promotes exercise and healthier lunch programs in schools

John Kozlowicz

Staff Writer
In an era when health officials across the United States seem to be paying more attention to promoting better exercise and diet habits as a means of preventing or least reducing diabetes, First Lady Michelle Obama is visiting schools across the country encouraging schools to establish creative exercise and diet programs.

Obesity has been identified as a major risk factor contributing to diabetes and as she travels the country, Mrs. Obama has been telling students the important role that exercise and diet play in not only reducing the likelihood of contacting diabetes but also in reducing the likelihood of contacting cardiovascular and other diseases. Meeting with students, she explains that by doing the simple things, like taking a walk instead of play-ing on the computer; they all can learn to lead healthier

lifestyles. Her "Let's Move" campaign seeks to attack the growing obesity problem by educating children and their parents about healthy eating choices, learning to read labels on foods and how to prepare healthier food choices.

She hopes that by offering young children exercise and dance classes and presenting them in an entertaining way, America can reverse the trend of its youth being overweight and become a healthier country. Part of the effort encourages school districts to offer healthier lunch selections

(like fresh salads).

Studies indicate that children who eat fresh fruits and vegetables regularly do better in school. When visiting a school in Los Angeles, Mrs. Obama explained that while some may argue that serving fresh vegetables and offering a salad during lunch is too ex pensive, a large field isn't needed to grow a garden that can supply healthy choices at a relatively low cost. She told an elementary class, "you can plant a garden in cement boxes. You guys are doing it. You've got tomatoes. I saw eggplant. It shows that if you really want to make some-

thing happen you will."
Her goal is that eventually schools across the country will all have salad or garden bars as part of their lunch selection menus. Aware that in many areas the climate does not allow schools to have year-round gardens capable of supplying fresh foods at a modest cost, Mrs. Obama stated that representatives from the National Fruit and Vegetable Alliance, the Food, Family, Farming Foundation and the United Fresh Produce Association have created a program called Let's Move Salad Bars to Schools.

With a goal of giving 6,000 schools salad bars, she explained the program hopes to provide schools with the equipment they need to create a salad bar. She encouraged any school district that wants to get involved to apply at www.saladbars2schools.org

Closer to home, Ho-Chunk youth enrolled in the Nation



Students from the "Puzaki Pei Cinak Center" located in Sandpillow: Sullivan King, Chase Szarfinski, Raymond Miner, Lyndon Greengrass, KaeDee Swallow, Carter WhiteEagle.

HeadStart Program or who participate in the Nation's Youth Activities Program are being exposed to healthy exercise and nutrition ideas.

HeadStart Director, Laurel Sackett-Meek and Health Nutrition Coordinator, Paula Ward explained that throughout the Nation's six HeadStart locations, students are served fresh fruits and vegetables daily. "Everything is pre-pared fresh," Ward said. "For example we use real potatoes not instant.

Sackett-Meek continued that the menus for HeadStart meals are prepared annually and repeated on a 10-week cycle. The students are in school Monday-Thursday and Friday is generally shopping day for the cooks at the Cen-

Ward explained that food is baked not fried and that everything prepared is low fat with little salt. At a minimum

the students are served foods with Vitamin C (like citrus fruits) daily and foods with Vitamin A (like green vegeta-

bles) every other day. Sackett-Meek explained that all foods served must be USDA approved and that outside of birthdays or special holidays, cakes or cupcakes are not served. This year students enjoyed food grown in an organic garden started by Education Department Project Manager Woodrow White at the Whirling Thunder Ranch in Tomah, following the food being approved by the USDA. The HeadStart Program also works with nutritionists and dieticians throughout the year in an effort to provide healthy snacks to the students. Although the Centers do provide healthy food choices, both Sackett-Meek and Ward stressed that while the food is provided no one is forced to

Sackett-Meek stated that while all locations are some-what different, they all provide the children the opportunity to exercise. "The kids are outside every day, she said. She added that at some locations the children take walks before breakfast and at all locations the children participate in seasonable activities. She added that Exercise Physiologist Kathleen Clemons visits each location monthly and gets everyone involved in a physical activity.

Youth Services Director Robin Blackdeer explained that all sites have been provided with exercise ideas, lesson plans and healthy snack recipes and that each location has incorporated items into their programs. She added that each Center is developing a Fitness Initiative for the youth and their families. "All have different ideas that work for their communities.



ATTENTION: The NEXT DEADLINE of the Hocak Worak will be December 17th, which will be published on December 27th. Please contact Enrollment at ext. 1015 if you have a change of address or would like to be placed on the mailing list. The Hocak Worak is a periodical published twice monthly by the Ho-Chunk Nation. Editorials and articles appearing in the Hocak Worak are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Hocak Worak staff or the Ho-Chunk Nation.

The Hocak Worak staff or the Ho-Chunk Nation.

The Hocak Worak encourages the submission of letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The Hocak Worak reserves the right to reject any advertising, material, or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the Hocak Worak. The Hocak Worak will not assume any responsibility for unsolicited material. Submissions deadlines for the Hocak Worak are by 4:30 PM. We cannot guarantee the publication of submissions meeting these deadlines if the space is not available. No part of this publication may be produced without express written consent from the Editor.

...Tracy Pecore STAFF WRITER.....John Kozlowicz STAFF WRITERSara L. Peterson Administrative AssistantAnna Reichenbach

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A journey towards healing

Tracy Pecore Newsletter Editor

On December 1-2, Ho-Chunk Convention Center was the site of "Listening to Silent Voices." Offered by the American Indians Against Abuse (AIAA), speakers and workshops throughout the event offered ideas and training on how Native women can use traditional teachings as a resource in times of need.

"The Primary intent of AIAA is to firmly address and promote elimination of violence and other abuses against American Indian Women and within families and communities throughout the 11 Wisconsin tribes by supporting culturally sensitive programming specific to traditional customs, values and teachings."

One of the keynote speakers

One of the keynote speakers was Sharyl Whitehawk, an advocate in reservation communities in Minnesota who helps build the capacity of survivors, Indian women's organizations and victim service providers to end violence against Native women.

against Native women.
As a victim, Whitehawk is the survivor of childhood sexual abuse and adulthood verbal and domestic abuse, even rape. Today, she has recovered from alcohol and drug addiction and through re-

search she talks about how Native women do not find healing through the criminal justice system. She suggests talking/sharing circles for individuals who have been victims of domestic violence and sexual assault because they can create an environment of fellowship, trust and sharing, and a powerful healing tool.

Healing is an ongoing process stated Sharyl and referring to herself she said, "When is this over? I thought I was done with this." After having 10 children, 8 girls and 2 boys with 5 being biological and 5 adopted, she went through a painful divorce in her mid 30's. Her husband had a gambling problem, they lost their home, she was diagnosed with cancer, and "everything was falling apart."

everything; an involved community member, a good wife, and a good mother. What she didn't realize at the time was that she was doing everything for everyone else. She was not comfortable with herself and she didn't want to be left alone so she acted out by staying busy or always having the music on. If asked what her favorite food was, she wouldn't have been able to tell you at that time because

She tried being the best of

everything was based around what her kids and husband liked

After living in a shelter for three months with her girls, waiting for her husband to go to prison for almost killing her, she learned how to make beadwork while she was there and says it was almost therapeutic. She had nothing and had to start from scratch but she was able to make money by selling the things she made.

In her workshop, with approximately 50 participants in attendance, Sharyl covered different kinds of culturally specific art therapy projects to use with survivors of traumas, and others. A few projects included: Picture collages (to get the individual to start thinking about identity, self esteem, and positive goals), Medicine wheel health involving physical, mental, emotional, and spiritual health (to focus on where an individual may be out of balance in their life and where they need to focus to become happier and healthier), sisterhood bracelets (a good way to socialize and to emphasize sis-terhood and empowerment and to identify as a survivor), Remembrance art (a project created in remembrance of a loved one who died due to do-



Sharyl Whitehawk, victim and now advocate for sexual abuse and domestic violence, through culture and traditional teachings to help survivors heal from trauma.

mestic violence and/or sexual violence with their story attached), Survivor solidarity shawls (to honor victims and survivors and to make a bold visual statement at social gatherings, events and powwows with lavender illustrating domestic violence and teal for sexual violence).

Solidarity shawl project:

From inception to community presence

Tracy Pecore Newsletter Editor

Cristine Davidson, a member of the Minnesota Indian Women's Sexual Assault Coalition and the Sacred Hoop Coalition helped create teal, purple, and red Solidarity Shawls to raise awareness and honor Native women and children who have been victimized by domestic and/or sexual violence.

In her workshop with approximately 30 attendees, Christine reviewed step by step how a passionate group of women made a vague idea about honoring survivors into a well-supported, self-sustaining, Public Awareness reality. Participants were able to leave with a "Solidarity Shawl Project toolbox" to assist in everything from creation of the shawls to organizing an Honor Song for survivors at a pow-wow or at community events.

Ho-Chunk tribal member Bonnie Clairmont's husband Jim Clairmont, an emcee at various pow-wows, has been asked to be a spokesperson to speak on behalf of all victims. The following is the message delivered:

Shawls are very powerful for us. The fringe is said to represent the tears of Indian women crying for the pain and suffering the people have endured for generations; yet it also represents strength, beauty, and solidarity.

These women are from the Minnesota Indian Women's Sexual Assault Coalition in St. Paul, and the Sacred Hoop Coalition out of Duluth. Both organizations are working throughout history and the impact this violence has on our families today.

They take these shawls and armbands around to dance and raise awareness about the high rates of sexual assault and domestic violence perpetrated against Native people. The armbands are to honor our men who have also survived violence. We ask that you help honor all survivors throughout history.

The colors red, purple, and teal were chosen for specific reasons. The teal colored fringe honors victims and survivors of Sexual Assault. The purple fringe honors victims and survivors of Domestic Violence. The color of the shawl is red to honor all Native people, male and female, who have survived many forms of violence throughout history, such as: rape, children being taken away from us for generations, men and women being sexually abused and beaten in boarding schools, and the list goes on.



(Above) Ho-Chunk tribal member, Terry Greendeer helps and assists other participants working on a Solidarity shawl.

(Right) Christine Davidson shows and talks about the armband some men wear to help raise awareness about sexual assault and domestic violence. "We try to spread the message as much as we can all over the country."



Ho-Chunk Nation Clan Mothers

"We do it because we care."

Tracy Pecore Newsletter Editor

During the American Indians Against Abuse (A.I.A.A), 2nd Women's Training, titled "Listening to Silent Voices", among the many keynotes throughout the two day conference was a presentation by the Ho-Chunk Nation Clan Mothers.

HCN Domestic Abuse Program Manager, Sherri Larsen introduced and welcomed the Clan Mothers and thanked them for being there to share their knowledge. Founder of the Clan Mothers, Myrtle Long explained the reason behind the Clan Mothers, who they were and why they were formed:

they were, and why they were formed: The Clan Mothers program is part of Ho-Chunk Nation Juvenile Justice Program. Comprised of female HoQak elders, the Clan Mothers represent the three main spirituality practices and three of the twelve clans of the Ho-Chunk Nation. In a confidential meeting with the Clan Mothers, young women and their parents or guardians form a familial bond. Usually a daughter or granddaughter, learn HoQak kinship, receive counsel, and begin or continue establishing a positive identity as a HoQak woman. This concept is not new; it is reviving an age-old tradition of our elders teaching our young. While the Clan Mothers is a Juvenile Justice Program in the Ho-Chunk Nation, it can be easily adapted to fit the needs of a different Native Community.

my adapted on the received that the community.

Myrtle Long is a member of the Thunder Clan. Since 1978 she has worked with Social Services and began working with troubled youth in all counties where Ho-Chunk youth live (Black River Falls, Madison, Milwaukee, La Crosse, Ashland, etc.). She soon realized troubled youth needed the traditional teaching she had growing up, which was in a traditional home. In most caseloads, caseworkers can have up to 20 cases but when Long begun working with troubled youth; she had 92 cases.

Long said, "it was sad to see how many of our young HoÇak girls who didn't have the guidance of their female relatives to turn to." That is when through a grant she wrote, the Clan Mothers started in 2001 to coincide with the Traditional Court made up of 12 HoÇak men, for young HoÇak boys who are also struggling. Elizabeth Deere, Gerri Swan, and Elaina Greendeer were the original clan mothers but Faith Matter stepped in for Elaina when her mother got ill. Some of the criteria involved with

Some of the criteria involved with the Clan Mothers are to represent our ways of worship (Traditional, Native American Church, and Non-Indian Church), along with being a positive role model. Long said spirituality was missing in the girls she talked to and 80 percent of those girls at the time did not have a way of worship.

The Clan Mothers require a parent/guardian to attend with the young client and depending on their violation; they may meet more than once. For example, one individual had been to court 4-5 times and each time a parent never showed to support them. The individual was then referred to the Clan Mothers. After being addicted to drugs and alcohol, and an attempt to commit suicide, this individual went back to school and graduated. Today she has a good job, keeps in touch with the Clan Mothers, and is doing very well for herself.

and is doing very well for herself.
For some, AODA, counseling, or
family services does not work until
the individual meets with the Clan
Mothers who teach them a lot about
clans and kinship ways explaining
how tradition and culture can help to
heal communities. "Spirituality is the
utmost importance," stressed Long.
She also stated, "Abuse is going on
and it shouldn't be, in part to some because the teachings are not there anymore."

Although Long is very thankful for our gaming entities, she also said there is a lot of suffering to our young ones who have to pay the price and be left home alone. On that note, she introduced another Clan Mother, Elizabeth



Ho-Chunk Nation Clan Mothers (L-R): Elizabeth Deere, Myrtle Long and Faith Matter. Not pictured was Gerri Swan.

Elizabeth Deere almost 91 years old is a member of the Warrior Clan and has volunteered for many years as a Clan mother. She sits on panels for young girls to help better their future. She said, "Personally, I don't like to see abuse and child abuse is not acceptable. Hitting is not always the best solution either."

"Back in the day, my father never abused my mother. To be abusive to a woman or child must be really hard to crase in your mind." As a young girl, Deere was taught that marriage is sacred and young boys should not be having sexual relations with "this one and that one." To this day, a widow for over twenty years, she still listens to that advice and stressed that marriage is not something to play with because children are involved.

children are involved.

Faith Matter, 75 years old is a member of the Thunder Clan. She spoke a lot about her family and how much she loved her children. She was thankful that her children had put together an anniversary meal for her 50th

wedding anniversary.

As a young girl, she was told by her father to follow her husband's way. On July 23, 2010 she celebrated 50 years of marriage, to her companion, whom she had dated for 2 years prior to being engaged. She said 50 years has only felt like ten to her. Luckily, her father liked her "friend" and besides being her husband, he's still her friend.

Having had five children, Faith passes her teachings to her children and grandchildren. One of those teachings she said is, "We need to have spirituality. I pray before we eat whether it's for popcorn or a piece of candy [with a chuckle] so I don't choke on it." She said. "Young people need help and they like to learn about those old ways."

In closing, Myrtle Long thanked

In closing, Myrtle Long thanked everyone for listening and mentioned they have also been invited to Leech Lake and the Oneida Nation to help develop a Clan Mothers group.

Silent Voices: Survivor voices

Sara L. Peterson Staff Writer

Native American women have one of the highest domestic abuse and sexual abuse rates in the country. The Department of Justice, American Indians and Crimes have found that Native American Women suffer abuse at a rate of three and a half times higher than the national average.

age.
Native American Women suffer sexual and domestic abuse more than any other group in the United States. A report from the American Indian Women's Chemical Health Project found that three-fourths of Native American Women have experienced some sort of sexual assault in their lives. During the "Silent Voices" conference held in Baraboo, Wisconsin on December 1-2, illustrations suggested that many women suffer at the hands of a loved one.

The two day conference covered how women can heal and grow from their experiences through cultural healing, supporting one another and making it possible for communities to grow and put an end to the abuse. Over 100 people registered for the conference with the majority of these women being a victim and survivor or who knows someone that has suffered; some even shared their story. One individual was thankful that her granddaughter had the support and was reassured to help her feel safe enough to finally open up and talk about her pain. This individual wanted to stress, "The KEY to remember is that what children see and hear... goes deep."

Sherri Larsen, HCN Domestic Abuse Program Manager was one of the keynote speakers and emphasized how one heals after suffering from abuse and she also identified what is working and what is not working in our communi-

Many agreed that the following techniques are important to the healing process: Take care of yourself first, cultural activities such as



Sherri Larsen, HCN Domestic Abuse Program Manager, facilitates a group discussion on learning how to heal.

smudging, sweat lodges, dancing and singing help to heal the soul, and get a good support system and find the help you need because it is out there.

In Wisconsin there are 21 scholarships given out to each of the eleven tribes to recipients to become the voices of those that are too scared or unable to speak for themselves. Native American communities in Wisconsin can help further educate and train women to help and become

knowledgeable in dealing with families and women living with abuse. There was also a board set

up throughout the conference if anyone wanted to share who has made a difference in their life or someone they knew and who they were grateful for. One individual said they were grateful for their family and friends support because without them she would not be as strong as she is today. Another individual wrote she was grateful for the

women who loved her until she could love herself. Others said they were grateful for their mother, for teaching them to be strong and stand up for what they believed in.

I believe that every woman that left that conference felt as though they had made a step towards healing, that they grew strong in the knowledge they had gained, and felt as they were gifted with the best support group they could find, each other.

Celebrating our Nation

Continued from Page 1

the Ho-Chunk Nation with hard work and dedication to their people.

Serving as emcee for the day was Ho-Chunk tribal elder Alvin Cloud who introduced Norman Snake who offered a few words as we were all asked to reflect on how far we have come and grown as a people. We were reminded

that we are a strong nation and we need to be thankful of everything we have; that we have been blessed and we need to count those blessings every day. Our President, Wilfrid

Our President, Wilfrid Cleveland spoke and showed his appreciation for all that the WWBC members have done, and for all the tribal



Members of the Sanford WhiteEagle American Legion Post 556 and members of the Andrew Blackhawk American Legion Post 129 bring in the colors to start off Ho-Chunk Day.



Family members of the 3 honorary elders danced in appreciation and were very gracious and honored during the ceremony.



Tribal members and their families enjoying Ho-Chunk Day with Bingo sessions, turkeys, hams and Whitetail Crossing gift certificates, with door prizes drawn every hour.

members and guests that attended Ho-Chunk Day. The founding members that were recognized were Steven Kirkwood from Edgerton WI, Helen Miner Miller from Middleton WI, and Bernadine Talmadge who currently resides in Phoenix AZ. To show the Nation's appreciation to the 3 original members of the WWBC, a beaded medallion with the Ho-Chunk Nation seal were given to them, made respectfully by Sharon Cloud.

Family members of these honorary elders were very gracious and honored during the ceremony. Roxanne Johnson, a daughter of Bernadine Talmadge gave a speech in recognition of everything her mother had done for her and their people. Her speech had us looking inside ourselves and realizing everything that our forefathers and mothers had sacrificed so we could have the life that we lead today. We were lucky to have a knowledgeable IT team that was able to telecast presence at the ceremony. Bernadine was unable to attend in person but was made possible through this team of people. We thank them for providing a way to see and hear the ceremony even though she was in her home thousands of miles away.

miles away.

A delicious traditional lunch was served and everyone en-

joyed playing Bingo. Door prizes were given out and every tribal member received a T-shirt commemorating Ho-Chunk Day 2010. All in all the day was a success and laughter filled the Tribal Executive Office from friends and relatives that came out to celebrate and honor our great nation.

Caralee Murphy did a wonderful job organizing this event, she stated, "Everything wentverything went as planned and the day turned out very well." A special thank goes out to her for all the hard work she put into this event and all those that participated.

Texting now a crime

Sara L. Peterson Staff Writer

On December 1, 2010 a new Wisconsin law became effective to ban text messaging while driving a motor vehicle. Possible fines range from \$20-\$400 with a possible 4 points against the drivers license. This may come as a shock to those text messaging addicts that find it impossible to put their phones down. It has been said that text messaging while driving is as bad as driving with a blood alcohol level of 0.08. State officials state that 18% of Wisconsin's vehicle crashes in 2009 were caused by distracted drivers.

After a visit at the Black River Falls High School the general opinion on this new law is that it is necessary and if it will stop some people for texting while driving it will have made a difference. It is also believed between the students that it could be something very hard to prove seeing as the law still allows the use of phone calls, internet and texting while the vehicle is not in motion. Teachers are in agreement that this could make a huge difference in the amount of traffic fatalities in teens if the law is followed and enforced.

In 2008, the nation's 270 million cell phone users sent an average of 407 text messages. And phone calls were shortened to 2.3 minutes. We send these SMS, because it is quick and efficient. We can get right to the point in 160 characters or less! Of course when people think of text messaging normally we think about a teenager. Surprisingly more adults are using it as a way to communicate with their children. It is believed that the first SMS was sent out in 1993, 17 years ago. In today's age of technology there are those that couldn't function without their Blackberry, Iphone or cell phone.

Everyone has their own opinions toward this law, and just like all laws there will be



A display in the Tribal Office Building illustrates how our actions affect our children.

those that follow it and those that choose to break it. Adults need to remember that we are role models to children whether we have our own or not. A display in the HoChunk tribal building demonstrates how our actions affect our children. The display shows letters written by a 5 and 8 year old both children wish their mommies wouldn't

drink and drive. The one child's letter states she wishes her mom wasn't in jail. These letters are heart wrenching, and eye opening.

Henry Roe Cloud: An American Legend

Sara L. Peterson Staff Writer

In June of 2010, the Ho-Chunk Nation was approached by independent filmmaker Reynaldo Morales from the Quechua Nation and Ned Blackhawk from the Te-Moak Tribe of Western Shoshone, who is a Professor of History and American Studies at Yale University. He had a proposal to make a film entitled "Henry Roe Cloud: Winnebago Indian Reformer". Their vision is to commemorate the life and legacy of Henry Roe Cloud; the first American Indian graduate of Yale University.

On October 1st, 2010, Rey-

On October 1st, 2010, Reynaldo Morales made his proposal to the Finance Committee. A motion was made on October 5, 2010 to refer to the full Legislature for funding consideration and the motion passed. Legislator Dan Brown was intrigued by the information discussed and said, "I thought the project invaluable in terms of getting another story out there about Ho-Chunk contributions to society at large." Reynaldo's proposal was for \$35,000, with the Ho-Chunk Nation being the producer of the film.

It is very clear that Reynaldo's life's ambition is to promote Native American culture, particularly in his specialized talent of filmmaking. In a statement made by Morales his dream is "too eventually, through the work of Native American films and media outlets, to develop a television channel specific to the Ho-Chunk Nation. This channel would promote Ho-Chunk culture, stories, and

news. With this documentary of Henry Roe Cloud being solidly made and produced by all Native Americans it is opening many doors and opportunities that we as a people have not had before."

In a quote from Joel Pfister, Kenan Professor of the Humanities, "This empowering film will not only change history, it will enrich the future. I give it my highest, most enthusiastic recommendation."



Young Henry Roe Cloud.

With full support from colleagues' and Wisconsin Public Television (PBS), this 50 minute documentary could be a great victory in telling a story on how the Ho-Chunk and Wisconsin Winnebago benefit and support our community.

Henry Roe Cloud has been compared to President Obama in his spirit of "Yes We Can". The message is a strong one to Native American youth. The message he conveyed was one of courage and hope for future generations to set their goals higher. To push forward in education, and be-

come whoever they wanted to be. To let no man stand in their way, and in accomplishing their goals they would set an example for many generations to come.

It is extremely difficult to summarize all the extraordinary accomplishments that Henry Roe Cloud had made but in brief; Henry Roe Cloud was born on December 28, 1884 at a Winnebago Indian Reservation in north eastern Nebraska. Henry was orphaned when his parents died in 1896 and 1897; he grew up attending mostly government schools. In 1901, he entered Mount Hermon Preparatory school in Massachusetts. While he was in attendance he was involved in a work study based program that he used the monetary gains towards furthering his educational goals. He ended up graduating Mount Hermon Preparatory school Salutatorian of his class in 1906.

He went on to become the first full blood Native American to attend and graduate from Yale College. He graduated with a Bachelor of Arts degree in Psychology and philosophy and also a Masters degree of Arts in Anthropology. After Yale he attended Oberlin College to study sociology followed by attending the Auburn Theological Seminary in New York, where he received a Bachelor's degree in Divinity and was Ordained Presbyterian minister in 1913. In 1932 he received a Doctorate degree in Divinity from Emporia College in Kansas.

He was very involved in the Society of American Indians and in 1912 he chaired a delegation of Winnebago's who



Elder Henry Roe Cloud.

met with U.S President Taft. Cloud established the Roe Indian Institute in 1915 that is now known as the American Indian Institute. He was instrumental in the acceptance of the Wheeler-Howard act, which is also known as the Indian Recognition Act. Henry Roe Cloud was a determined individual that was once described as being the most important Native American. He paved the way for young Native American youth to pursue education and higher education to further themselves and their People that they represent

In one of his famous essays Roe Cloud wrote, "The Bird Clan is a war clan. My own Indian name is 'Wo-Na-Xi-Lay-Hunka,' meaning 'War Chief' and is derived from the lightning spirits, who are believed to control the destinies of men in war. I was named for the chief among these spirits. The Bird Clan obstructed or permitted war."

Henry Roe Cloud was a warrior in his own time. He fought every day and was indefatigable in his war he waged to further his education and open a safe and smooth path for Native American youth for generations to follow. Ethnologist and museum director Arthur Parker (Iroquois-Seneca) sums it up best when he wrote in 1913, "We are red men still, even though we have plucked the feathers from our war bonnets and are using them for pens. The battle scene has shifted and the contest becomes one of brains and wit."

Permit process for requesting forest products on Ho-Chunk lands

Submitted by Mark Gawron, HCN Forester - Division of Natural Resources

"If you want to gather firewood, a black ash log, lodge poles or other forest products, on lands owned by the Ho-Chunk Nation, you will need to fill out a Minor Forest Products Permit, or a Black Ash Tree Permit, " says Mark Gawron, Forester for the Ho-Chunk Nation.

Permits are required for six reasons:

- To track where people are gathering.
 To lessen the spread of the Oak Wilt Dis-
- To lessen the spread of the Oak Wilt Disease, and to prevent the spread of the Emerald Ash Borer (EAB) insect.
- To avoid depleting the Nation's forest resources.
- To inform applicants that gathering forest products can be dangerous and requires applicants or their proxy to wear safety equipment.
- 5. To waive the Nation of any liability.
- To track gathering trends and volume information.

No fees are charged for gathering forest products for cultural purposes and personal use; however, the products cannot be sold or exchanged for other goods and services. Pine and oak resources are plentiful while

Pine and oak resources are plentiful while basswood, maple, black ash, and tamarack are scarce on lands owned by the Ho-Chunk Nation due to soil conditions. Pine and oak require sandy, dry soil while the others require moist, heavy, and nutrient-rich soils. While efforts are made to grant permits, there are times when resources are not actually available on certain Ho-Chunk properties.

The Minor Forest Products Permit and the Black Ash Tree Permit are both available on the Ho-Chunk Nation website at http://www.ho-chunk.com. Click on the following links; Government, Executive, Heritage Preservation, Forestry. Or call the Division of Natural Resources at 715-284-2852 and ask for Mark Gawron (Mark.Gawron@ho-chunk.com)



Education Conference honors Wisconsin lawmakers

Wisconsin becomes the first state to outlaw Indian nicknames, logos and mascots

John Kozlowicz Staff Writer

During the 31st Annual Statewide Equity and Multi-cultural Education Conference, held November 18-19 in Wisconsin Dells, State Senator Spencer Coggs (D-Mil-waukee) and State Representative Jim Soletski (D-Green Bay) were recognized for their work introducing legislation that would prohibit race based nicknames, mascots and logos in Wisconsin's public school districts. For their effort, both men earned the Wisconsin State Human Relations Association's Martin Luther King, Jr. Award.

Barb Munson, Chair of the Wisconsin Indian Education Mascot and Logo Task Force, stated that since May 5, 2010, when Governor James Doyle signed SB 25 (Act 250) into law, at least four districts have changed their Indian based nicknames, mascots or logos.

Munson continued that she and others had been trying to

introduce similar legislation for over 10 years and she credited Coggs and Soletski for having the moral compass to introduce and help pass legislation that mandates school districts change any nickname, mascot or logo if a resident living within the school district challenges its use is racially discriminatory. If challenged, the burden of proof lies with the school district to provide evidence that the nickname, mascot or logo is not harmful. If they cannot, a change must be made within one year or the district could face financial penalties

Wisconsin is the first state to pass such legislation and Munson believes that with the help of Coggs and Soletski, "we've broken down

stereotype thinking."
Soletski believes that those who supported the legislation "saw the heart and soul of Wisconsin. I can't understand

why people don't get it," he said. He added "it's time we put this behind us. It's the Native American's heritage, first and foremost. If they're not feeling honored, then it's

time to get rid of it."

Coggs, who called SB 25

"the most significant legislation I've ever helped pass," stated that he acted "when I heard Indian kids talking about being fun of because of their looks, history and tradition." He believes that passage of the Bill will enable all Native students throughout Wisconsin "to have a voice in their future.

Responding to critics who believe that one person should not have the power to question an entire community, Coggs responded, "one person should be able to make a difference." He added "that if we use their logic, in 1954, when Rosa Parks got on a bus and decided it was not right for her to have to sit in the back; would it have been OK for another black person to



For their effort, State Senator Spencer Coggs (left), Barb Munson and State Representative Jim Soletski, earned the Wisconsin State Human Relations Association's Martin Luther King, Jr. Award.

say 'Hey! I like sitting in the back of the bus. It's OK with me. I don't know what Rosa Parks is talking about.

Passed very closely along party lines when the Democ rats were in the Assembly ma-jority, Coggs, who is the outgoing Chairman of the

State Tribal Relations Committee, warns that now that they have control, the Republican may try to change the law, "just because they can." He urges everyone to keep an eye on Madison. "Don't let the Republicans repeal this

The psychological effect of Native themed nicknames, mascots and logos

John Kozlowicz Staff Writer

Secure in his belief "that historically Native Americans have been the most lied about subject of our population,"
Dr. Jesse Steinfeldt explained
the psychological damage that he believes Native nicknames, mascots and logos inflict on all members of society.

An Associate Professor of Education and Counseling Psychology at Indiana University, Steinfeldt shared his thoughts at the 31st Annual Statewide Equity and Multicultural Education Conference, held November 18-19 in Wisconsin Dells. Originally from Green Bay, earlier this year he testified at a hearing that challenged the Mukwon-ago School Districts use of its

Concerned that mascots

provide misinformation about Native people and that no other race is singled out, Steinfeldt questions those who say the nicknames and images are meant to honor Native people and educate today's students about Native history Instead of using names or mascots to educate, he suggests the school districts pro-vide classes that teach students the real history of Native people in this country.

He is particularly concerned about caricatures like the Cleveland Indians "Chief Wahoo" and believes that "no one has permission to mock another race." He noted that throughout society there are images that misrepresent

today's Native society. Too often, he reminded those in attendance, the images used portray Native people only as savages or a race that no longer exists. Steinfeldt believes that these images only remind Indian communities and their children of the narrow view that main stream society has on them.

He is also concerned that because many fields and gyms display signs like "Wel-come to Indian Country" as a means of intimidating opponents, there is an implication that all of "Indian Country" is a hostile environment. He fears that many students come to associate the term with a place that's uncomfortable for

Earlier he cited an American Psychological Association (APA) study that listed why sports related representations of American Indians misrepresent an entire population and its culture. In a paper presented that called for the immediate retirement of Nafeldt and others noted that Indian based mascots are problematic for a number of reasons:

- · There is a misuse of sacred symbols and spiritual practices
- They perpetuate racist stereotypes of American In-
- They deny American Indians control over how soci-

Continued on Page 9

Osseo-Fairchild ordered to drop 'Chieftains'

John Kozlowicz Staff Writer

Earlier this year the Wisconsin State legislature passed and Governor James Doyle signed into law, legis-lation that allows district residents to challenge a school district's use of a race based nickname, logo or mascot. Since July 1, four districts in the state (Kewaunee, Mukwonago, Osseo-Fairchild and Gale Ettrick-Trempeleau) have had residents submit a challenge to the Wisconsin Department of Public Instruction (DPI) demanding the district change its Indian based nickname or images.

On November 18, the Circuit Court in Jackson County ruled against the Osseo-Fairchild School District's appeal that it get to keep its image of Ho-Chunk elder

Frank Thunder and its "Chieftains" nickname Members of the Thunder family have long argued that they consider the image a way of honoring their fa-ther/grandfather. Although the Thunder family supports the use of the image, the Court dismissed the appeal on the grounds that the dis-trict failed to send copies of the appeal to the people who filed the original complaint.

District Superintendent Ed

Dombrowski said that while the district did supply the paperwork, they apparently missed the deadline imposed by the DPI. He said that despite local support to keep the nickname and mascot (in a local advisory referendum residents voted 1206-974 in favor of the appeal) the only recourse supporters have is if

a private citizen challenges the constitutionality of the law. He hopes that the stu-dents and the community can begin working together in the process of selecting a new nickname, logo and mascot.

JP Leary, a consultant with the Wisconsin DPI's American Studies Program stated that while some question the burden of proof being place on the district to show the images are not harmful, he believes that's the proper procedure. He stated that while there have long been complaints about the use of Indian mascots and nick-names, until the law changed DPI could do nothing. "DPI only applies the law as writ-ten." he said. He concluded that "those being oppressed should not have the burden of proof.



Illustration to demonstrate Dr. Jesse Steinfeldt's explanation on the psychological damage that he be-lieves Native nicknames, mascots and logos inflict on all members of society. "Unless we work to change a problem we support it. Just because it costs money to change doesn't mean we can't change."

Nation donates to Jackson County **Veterans Park**

John Kozlowicz Staff Writer

On December 2, Committee volunteers working to improve Jackson County Veterans Park accepted a \$5,000 donation from the Ho-Chunk Nation during a brief ceremony held at the Executive Building. Dan Getchell, a spokesperson for the group, stated the money will be used toward

paying the driveway and cul de sac at the site, located on High-

way 54 and County Road R.
District I Representative Greg
Blackdeer stated the Nation made the donation after learning the Committee was holding a fundraiser at the Executive Building for the project earlier this



People working to improve Jackson County Veterans Park accept a donation from the Ho-Chunk Nation. L-R: Merlyn Jensen, Dennis Moe, Don Wagner, Lloyd Granberg, Gavin Johnson, Richard Wallinger and Dan Getchell with legislators Greg Blackdeer and Clarence Pettibone.

Division of Veteran Affairs

ATTENTION

Marine Veterans that were stationed at Camp Lejeune

If you were stationed or worked at Camp Lejeune, in 1987 or BEFORE, you may have been exposed to dangerous contaminants in the drinking water supply. To register for water testing notifications, go to webpages https://clnr.hqi.usmc.mil/clwater/index.html, or call 1-877-261-9782.

If you know of someone who lived or worked there at that time, please encourage them also to contact them. In Wisconsin, there are already 2,903 Registrants. If you register, please contact the Ho-Chunk Nation Division of Veteran Affairs to keep us informed and to assist you in any way possi-

NOTICE TO: Vietnam Veterans

If you are a Vietnam Veteran, and served In-country Vietnam, please contact the Ho-Chunk Nation Division of Veteran Affairs Office to see if you could be putting a claim in for disability compensation of one or more of the Agent Orange exposure disabilities, to include combat PTSD.

The recognized presumed illnesses are:

- Acute and subacute Transient Peripheral Neuropathy
- Chloracne
- Chronis Lymphocytic Leukemia

- Diabetes Mellitus (Type 2)
- Hodgkin's Disease
- Multiple Myeloma Non-Hodgkin's Lymphoma
- Porphyria Cutanea Tarda
- Prostate Cancer
- Respiratory Cancers Soft Tissue Sarcoma
- Al Amyloidosis
- B-cell (or hairy-cell) Leukemia Parkinson's Disease
- · Ischemic Heart Disease

Military Humor

Why Rednecks Make Good Soldiers

Dear Ma & Pa:

Am well. Hope you are. Tell brother Walt & brother Elmer the Marine Corps beats working for old man Daniels by a mile. Tell them to join up quick before maybe all of the places are filled.

I was restless at first because you got to

stay in bed till nearly 6 a.m., but am getting so I like to sleep late. Tell Walt & Elmer all you do before breakfast is smooth your cot and shine some things. No hogs to slop, feed to pitch, mash to mix, wood to split, fire to lay. Practically nothing. Men got to shave but

it is not so bad, they git warm water.

Breakfast is strong on trimmings like fruit juice, cereal, eggs, bacon, etc..., but kind of weak on chops, potatoes, ham, steak, fried eggplant, pie, and other regular food. But tell Walt & Elmer you can always sit between two city boys that live on coffee. Their food plus yours holds you till noon, when you get fed again. It's no wonder these city boys can't walk much.

We go on "route" marches, which the Platoon Sergeant says are long walks to harden us. If he thinks so, it is not my place to tell him different. A "route march" is about as far as to our mailbox at home. Then the city guys gets sore feet and we all ride back in

trucks. The country is nice, but awful flat.

The Sergeant is like a schoolteacher. He nags some. The Capt. is like the school board. Majors & Colonels just ride around & frown. They don't bother you none.

This next will kill Walt & Elmer with laughing. I keep getting medals for shooting. I don't know why. The bulls-eye is near as big as a chipmunk and don't move. And it ain't shooting at you, like the Higgett boys at home. All you got to do is lie there all comfortable and hit it. You don't even load your own cartridges. They come in boxes. Be sure to tell Walt & Elmer to hurry &

join before other fellers get into this setup & come stampeding in.

Your loving daughter, Gail

P.S. Speaking of shooting, enclosed is \$200 towards a new barn roof & ma's teeth. The city boys shoot craps, but not very good.

Madison VA Hospital

Sara L. Peterson Staff Writer

On November 8, 2010, to celebrate Native American month, members of the Ho-Chunk Nation traveled to the Madison VA Hospital. These dancers performed a mini pow-wow presentation for the Veterans in attendance. Many participated as they paid tribute to all branches of service and listened to a brief history

of the HCN.
Although the event was brief its purpose was made to celebrate Ho-Chunk Veterans and all American Veterans that had and are serving their country.

The event concluded with a

retiring of the colors and a questions session. Robert Mann, Tribal Veteran's Service Officer stated, "All went well and most of the focus of the day was mainly on the military aspect." Veterans and guests enjoyed the pow-wow and the sharing of the Ho-Chunk culture



Marcus WhiteEagle brings in the United States Flag followed by Robert Mann, Morgan White Thunder, Anne Thundercloud, and Alicia Lucero during a presentation at the Madison VA hospital.

Psychological effect

Continued from Page 8

ety views them Studies prove they create a hostile environment for all students

In 2005, the APA passed a resolution recommending the immediate retirement of American Indian mascots, symbols, images and personalities by schools, colleges, universities, athletic teams and organizations because their presence:

- · Undermines the educational experiences of members of all communities.
- Establishes an unwelcome and hostile learning environ-ment for American Indian students
- Has a negative impact on the self-esteem of Native youth.
- · Undermines the ability of American Indian Nations to portray accurate and respectful images of their culture.

· May violate the civil rights of American Indian people

He added that for a number of reasons; including self-preservation, a lack of cultural identi-fication, resources and money, many Native people accept these mascots and images. The misinformation that they ignore contributes to the bias, he said.

Aware that while many individuals and tribes don't have the resources to fight the issue, Steinfeldt warned they still need to speak out. "Unless we work to change a problem we support it. Just because it costs money to change doesn't mean we can't change," he said. He concluded that those who

argue that the nicknames and mascots honor the Native culture are wrong. "Supporters of mascots don't have the data on their side."

The Nation and Wood County celebrate

Ribbon cutting ceremony completes highway project

John Kozlowicz Staff Writer

On November 29, representatives of the Ho-Chunk Nation and Wood County celebrated the completion of a 5.7 mile road improvement project on County Highway G, the road that fronts Ho-Chunk Gaming-Nekoosa.

Using \$3.5 million in federal stimulus funding to smooth and widen the highway was part of a safety driven project that both parties agree will benefit the estimated 4,400 vehicles that travel the highway daily.

Brent Blackdeer, Ho-Chunk Nation Liaison for BIA roads, stated the project was a cooperative effort between the Nation and Wood County. In addition to benefiting the patrons and employees who visit and work at Ho-Chunk Gaming-Nekoosa, Blackdeer stated the wider road and better lit intersections will benefit tribal members living in the area and the general public by creating a better community.

Wood County Highway

Wood County Highway
Commissioner Doug
Passineau stressed the cooperation that allowed what is typically a three-year project to
be completed in less than one
year. Citing the positive relationship that Wood County
has with the Nation, he is
proud of what was accomplished. "The project means a
lot of things to a lot of people," he closed.

ple," he closed.
Jon Schrader, Transportation Planner for the Nation's
BIA Roads Division, thanked
the Ho-Chunk Nation Legislature for their support in keeping the project ahead of
schedule. "Everything we
asked for was approved



Rep. Hope Smith "cuts the ribbon" officially opening the reconstructed County Highway G Projects. Looking on are Lawrence Walker, Jr. and Greg Littlejohn (left) who also noted that the Highway G Project provided another example of the Nation being a good neighbor in the community, and Wood County Commissioners Lance Pliml, Marion Hokamp and Dennis Polach (wearing hat).



Members of the Ho-Chunk Nation BIA Roads Division include (left to right): Ted Walczak, Jon Schrader, Brent Blackdeer, Garrett Blackdeer and Ron Poppie.

shortly after we asked for it," he said. Adding "that even the Bureau was surprised we got done so fast," Schrader credited everyone, including Ho-Chunk Gaming-Nekoosa Security for keeping everything running smoothly during the construction phase. "I had no complaints,' he said.

Ho-Chunk BIA Roads Project Manager, Ron Poppie stated that he expects the wider road with defined turn lanes, a smoother surface and better drainage will allow everyone to have a safer journey. "Hopefully it will serve

all of us well."

Representative Lawrence Walker, Jr., who grew up in the area, believes the restructured highway will specifically help the people who visit the casino and the tribal members who live in the Chakh ha Chee Community. He explained that in particular "elders traveling on the road and our children will be safer. I'm enjoying what I'm seeing.

Wood County Board of Supervisors Chairman, Lance Pliml stated that project serves as another example of Wood County and the Nation working together to help everyone. "We recognize the economic value that Ho-Chunk has in Wood County," Pliml said. "We are always eager to work with them"

eager to work with them."
Representative Greg Littlejohn concluded "that we
know our work benefits the
community and that the project was a no brainer." Like
Pliml, he looks forward to
many more joint efforts between the Nation and Wood
County. He agreed with others
who believe the construction
"makes it a little safer for all
of us."

No cold hands at Ho-Chunk only warm hearts

Submitted by Missy Tracy, HCC - Public Relations Senior Manager

Beginning December 1, 2010 through December 19, 2010 Ho-Chunk Gaming – Wisconsin Dells will be sponsoring a Cold Hands Warm Hearts drive. Guests wishing to support the effort to provide area residents experiencing hard times may bring in a new hat, scarf, gloves and mittens set with a minimum value of \$8 to the Guest Service counter at Ho-Chunk Gaming Wisconsin Dells. Ho-Chunk will compensate their effort by placing \$10 in Rewards Play on their Rewards Club card.

"Our Ho-Chunk Holiday Harvest food drive was such a success with nearly five tons of food, turkeys and Ni Sini water collected during the month of November. All of the food was divided up and delivered to food pantries in Adams County, Baraboo, Portage, Reedsburg and Wisconsin Dells. This equated to over 7,500 meals. We are

hoping that this drive will be as successful during this continuing holiday season," Missy Tracy, Ho-Chunk Gaming Wisconsin Dells Public Relations Senior Manager said. "The desire to help the communities is felt throughout the Ho-Chunk Nation. The Ho-Chunk Distribution Center donated Ni Sini bottled water for the Ho-Chunk Holiday Harvest drive. Also, Ho-Chunk Gaming Wisconsin Dells donated twenty-two turkeys in time for the Thanksgiving holiday. In addition, the Stand Rock Buffet made a monetary donation from 10% of the weekend breakfast brunch sales in November. Lastly, the employees of Ho-Chunk Gaming Wisconsin Dells are holding their annual Santa's Sleigh food drive which began November 29, 2010 and will run into the New Year January 1, 2011."

Please consider helping to provide warmth to others during this holiday season.



(L-R) Barb Smith Domestic Violence Administrative Assistant and Jan Redcloud Domestic Violence Advocate.

Congress passes **Cobell settlement**

Ho-Chunk land owners could benefit

John Kozlowicz Staff Writer

On November 19, the United States Senate passed the \$3.4 billion Cobell settlement, legislation that could result in nearly 50,000 Native Americans receiving payment from the government. Later, on November 30, the House voted to support H.R. 4783 which also provides funds for tribal rights water settlements and for a settlement with

African-American farmers. President Obama is expected to sign into law the legislation that is expected to empower tribal governments, fulfill the overnment's trust responsibilities to tribal members and help tribal leaders build safe, stronger, healthier and more prosperous communities.

Filed in 1996, the Cobell lawsuit charges the federal government with mismanaging Individual Indian Money (IIM) Accounts and not following provisions of the 1994 Trust Reform Act. Disturbed that members of her tribe, the Blackfeet Tribe of Montana, were living in poverty while the land they lived on was rich in oil and timber, Cobell filed the suit to make the gov-ernment accountable. She believed "that if we just had access to our own money we could get better healthcare and other needed service lack-ing in Indian Country." The suit is the largest class action suit ever filed against the

United States government.
Noting that the settlement "is truly a historic day in Indian Country as well as in

America's history," Cobell believes that with the settlement, "Congress has taken a monumental step to remove a stain on our national honor and create a better future for Indians as our government begins to make amends for past injustices." She added that "while there is still much to be done in trust reform and improving trustee performance by the Department of the Interior, this huge step makes those other steps possible. I'm pretty happy for myself plus so many Indian beneficiaries and you can say a silent prayer for the ones that passed on and couldn't enjoy this jus-

Following its passage, Jef-ferson Keel, President of the National Congress of American Indians noted its signifi-cance. "The passage of the Cobell settlement in the Senate brings tribal nations and the federal government one step closer to settling this historical injustice. Not only does Cobell settle historic injustices through legal means, its starts the United States government on a course for meeting its obligations and making reservation lands more productive for future generations. We commend the bipartisan effort from members of the House and Senate who worked tirelessly to pass this legislation.

Following President Obama's expected signing of the bill, the case will return to court for a hearing before D.C. District Court Judge

with federal court rules to confirm the fairness of the settlement, determine appropriate attorney fees and to establish distribution of funds to the class members.

According to Davis Armstrong with the Indian Law office of Wisconsin Judicare, the settlement would apply to all individual Indian land owners. "Anyone who owns an interest in some tribal land will get something," he said. Included would be descen-dents of the Winnebago peo-

ple in Wisconsin and Nebraska. "My guess is that a third or more Ho-Chunks own Indian land," Armstrong said. "When you are talking about elders it's almost 100 per-cent." He continued that the way the settlement is structured, landowners who have the most land or the most activity on their land will receive the greater share of the settlement. He noted that \$ 1.5 billion has been set aside for individual landowners and he expects that there will be a minimum payment of \$ 1,000-1,500 to each individual deemed eligible. The Court will eventually decide who is involved in the settle-

Cobell recommends that everyone register to receive Court ordered communication on the settlement. There is no need to register if you are receiving a quarterly IIM state-

If you are not receiving a statement, you can register by calling 1-800-961-6109.

SUMMONS (Second Publication) IN THE HO-CHUNK NATION TRIAL COURT

Black River Memorial Hospital, Petitioner, v. Edwin F. Larrea, Respondent. Case: 10-117

TO THE ABOVE-NAMED RESPONDENT:

TO THE ABOVE-NAMED RESPONDENT:

Edwin F. Larrea

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the Petition to Register & Enforce a Foreign Judgment or Order is now served upon you by publication. Your written Answer to the Petition must be filed with the Court on or before the twentieth day from the date of the published issuance of this Summons in . See Ho-Chunk Nation Rules of Civil Procedure, Rules 5(C)(1)(f), 6(A). You may request a hearing within your writter response. Id., Rule 73(A). Also, you must send or present a copy of your Answer to the opposing party listed above or to their attorney of record. Failure to file a timely Answer in the time allowed can affect your right to object to the enforcement of the foreign judgment or order. Id., Rule 54. The Trial Court is physically located at Wa Eth Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court's mailing address is P. O. Box 70, Black River Falls, W1 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS (Second Publication) IN THE HO-CHUNK NATION TRIAL COURT

Quick Cash Loans, Petitioner, v. Brady Two Bears, Respondent. Case: 10-118

TO THE ABOVE-NAMED RESPONDENT:

TO THE ABOVE-NAMED RESPONDENT:

Brady Two Bears

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the Petition to Register & Enforce a Foreign Judgment or Order is now served upon you by publication. Your written Answer to the Petition must be filed with the Court on or before the twentieth day from the date of the published issuance of this Summons in . See Ho-Chunk Nation Rules of Civil Procedure, Rules 5(C)(1)(f), 6(A). You may request a hearing within your written response. Id., Rule 73(A). Also, you must send or present a copy of your Answer to the opposing party listed above or to their attorney of record. Failure to file a timely Answer in the time allowed can affect your right to object to the enforcement of the foreign judgment or order. Id., Rule 54. The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court's mailing address is P. O. Box 70, Black River Falls, W1 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS (Second Publication) IN THE HO-CHUNK NATION TRIAL COURT

Black River Family Dentistry, Petitioner, v. Melissa Kingswan, Respondent. Case: CG10-105

TO THE ABOVE-NAMED RESPONDENT:

Melissa Kingswan

Melissa Kingswan
You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the Petition to Register & Enforce a Foreign Judgment or Order is now served upon you by publication. Your written Answer to the Petition must be filed with the Court on or before the twentieth day from the date of the published issuance of this Summons in . See Ho-Chunk Nation Rules of Civil Procedure, Rules 5(C)(1)(f), 6(A). You may request a hearing within your written response. Id., Rule 73(A). Also, you must send or present a copy of your Answer to the opposing party listed above or to their attorney of record. Failure to file a timely Answer in the time allowed can affect your right to object to the enforcement of the foreign judgment or order. Id., Rule 54.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, Gackson County) Wisconsin. The Trial Court's mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-2712.

simile number is (715) 284-3136.

Kellie Pickler

American Idol Season 5 Finalist

charms fans

Submitted by Missy Tracy, HCC - Public Relations Senior Manager

Kellie Pickler, a beautiful, young rising star whose rise to fame as a finalist on Season Five of American Idol, finishing in sixth place. Pickler, a North Carolina native, Nashville recording country singer-songwriter artist wooed a sold out crowd at the Ho-Chunk Gaming – Wisconsin Dells Entertainment Center with her Southern style and charm on Saturday, November 6, 2010.

Pickler, a favorite among judge Simon Cowell, this year she ranked as the 7th best American Idol alumnus. Also in 2010, she won the title of the Country Weekly's poll of most beautiful woman in country music for the second year in a row. Pickler stated that she is recording her third album due to be out as soon as possible.



Jones Funmaker, Sr., Executive Manager presented Pickler with a coral Pendleton

Before taking the concert stage, Pickler met with a select group of Ho-Chunk's Reward Club VIP members for a "Meet and Greet" photo opportunity. Jones Funnaker, Sr., Executive Manager presented Pickler with a coral Pendleton displaying the Ho-Chunk Gaming logo in appreciation for performing at Ho-Chunk's Entertainment Center. Pickler expressed her gratitude for being offered such a beautiful gift. She indicated that it would be wonderful for her use on her tour bus.

SUMMONS (Second Publication) IN THE HO-CHUNK NATION TRIAL COURT

Kateri T. DeFord, Petitioner, v. Murton G. Greengrass, Respondent.

Case: CS10-51

TO THE ABOVE-NAMED RESPONDENT:

TO THE ABOVE-NAMED RESPONDENT: Murton G. Greengrass

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the Petition to Register & Enforce a Foreign Judgment or Order is now served upon you by publication. Your written Answer to the Petition must be filed with the Court on or before the twentieth day from the date of the second published issuance of this Summons. You may request a hearing within your written response. See RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDI-SNICE, 4 HCC § 2.5. Also, you must send or present a copy of your Answer to the opposing party listed above or to their attorney of record. Failure to file a timely Answer in the time allowed can affect your right to object to the enforcement of the foreign judgment or order. Id., § 2.6c.
The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court's mailing address is P. O. Box 70, Black River Falls, W1 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-2722, or toll free 800-434-4070.

House of Wellness update

Submitted by Kiana Beaudin, PA-C We at the House of Wellness Clinic would like to update our community members on recent accomplishments at the Clinic. First of all we are proud to announce that we have received a 3 year accreditation, which is the high-est form of recognition a health care organization can receive for the quality of services provided. Accreditation is conducted through the National Organization Accreditation Association for Ambulatory Health Care. The areas surveyed include: Rights of Patients, Governance, Administration, Quality of Care Provided, Quality Management and Improvement, Clinical Records and Infectious Prevention and Control and Safety and Health Information, and Facilities and Environ-

We are also pleased to announce that we are now fully staffed with medical providers whose area of expertise varies, so that we may better

address your health care needs.

Dr. Amy DeLong, MD.: Dr. Amy DeLong is a family physician who has worked at the House of Wellness Clinic for nearly five years, she re-ceived her MD from the University of Minnesota and completed her training in family medicine at Hennepin County Medical Center in Minneapolis. She earned her Master's in Public Health in the maternal and child health track at the University of Minnesota while completing a pediatric fellowship in adolescent health. She enjoys working with people of all ages, however, especially enjoys adolescent care and the prevention of chronic disease, such as obesity and

type 2 diabetes.

Dr. Chandra Reddy, MD.: Dr. Chandra Reddy is an internal medicine physician with 25 years of experience in endocrinology, internal medicine, preventive medicine and holistic medicine. He is board certified in American Board of Holistic Medicine. He received his medical de-

gree from India and he has provided ambulatory and inpatient internal medicine and endocrinology clinical service at various international locations such as India, Russia and the United Kingdom. In 1999 he moved to the USA with his family. He did his residency in preventive medicine at the University of Michigan, Ann

Laura Shaw, NP.: Dr. Laura Shaw is a Doctor of Nurse Practitioner who joined the clinic in September 2010. She received her DNP degree from Marquette University and her Nurse Practitioner degree from the University of Wisconsin- Madison. She has been practicing as a NP for 17 years in the Milwaukee area in both family practice and pediatrics. Dr. Shaw is board certified in Pediatrics and Adolescent medicine. She see patients in the clinic and also supervises the nursing clinic staff.

Kiana Beaudin, PA-C. Kiana

Beaudin is a Physician Assistant who became a provider for the Nation on July 2010. She is enrolled Ho-Chunk and is also LCO Ojibwe. She is the daughter of Janice Lincoln and the late John Beaudin. She is a recent graduate from the University of Wisconsin-Madison and has completed training in family medicine, internal medicine, emergency medicine and cardiothoracic surgery. At this time Kiana does not see chronic pain management involving narcotic medication, nor is she able to see workman's

comp.
Services provided by the House of Wellness include:

- · Physical exams
- · Preventive services for diabetes, cancer, heart disease, stroke and healthy lifestyle management including smoking cessation, weight
- management, hypertension. Management of chronic diseases such as diabetes, high blood pres-sure, high cholesterol, arthritis and
- Referrals to specialist for further di-

agnosis and/or treatment Workman's Comp.

- · Minor injury care and procedures, wart treatment
- Prenatal/OB care
- Newborn, Pediatric and Adolescents for well child exams, chronic and
- illness visits
 Adolescent Depression,
 pediatric/adolescent ADHD, behavior issues
- Adults for physical exams, chronic illness diagnosis and management,
- and preventive services Well women care for adolescent and adults
- Reproductive health-STI testing,
- birth control Laboratory testing
- X Ray imaging

To schedule an appointment: (608) 355-1240

and equipment, we dispensed them without needing to have an appointment with a provider. The new policy is that in order for patients to receive medical supplies and equipment, an appointment must first be made with a provider. We will only provide instock supplies, no special orders for supplies we do not carry. This is to ensure the health and safety of the community we serve. Medical supplies are reserved for clinic patient visits.

We are currently undergoing a face-

lift to our clinic, which is scheduled to be completed after the New Year. Please be aware that there is a short amount of time during the last phase of construction when the number of patients we are able to see will be limited. We would like to thank you in advance for your patience and understanding in this matter.
We look forward to seeing you!





- 1 Gilman Lincoln Jr.
- 2 Eliot Littlejohn Cecelia Dobbs Leslie Pettibone
- 3 Linda Horner Dale White Eagle
- Sharon Greendeer
- 6 Don Whitewater Alvin Cloud Rose Marie Funmaker
- Andrew Delarosa Rose Ostreich
- 8 Jess Whitewater Margaret Showers Shirley Reed
- Linda Revels Patricia Logan Sarah Lyons
- 11 Joycelyn Buchanan Eileen Blackdeer
- Edward LoneTree Jr. Chloris Lowe Sr. Virzena Kofol Byron Steele
- Rosemarie Davison Lorenzo Funmaker

- 15 Amelia Ortiz LaVinna Romeno
- Rebecca Henderson Harriet Funmaker
- Melford Rockman
- Gloria Visintin
- Bernice Whitegull Errol Mrotek Charles Smith
- 22 Ollie Rose Heth Lawrence La Mere
- Waldo Stacy Carol Laustrup Levi Blackdeer
- Ralph Decorah Mary Myers Christina LaMere
- Ron Anwash James Hellerud Dorothy Young Meredith Decorah
- Joy Buck Keith Dick
- Gary Lonetree Sr.
- Emma Weise Sharyn Buchanan Audrey Beverly Conner
- Frank Dikeman
- Anita White Eagle -Winneshiek
- 31 Ervin Buker



If You Are a Native American Who Tried to Get a Farm Loan or Loan Servicing from the USDA,

You Could Receive Benefits from a \$760 Million Class Action Settlement

A class action Settlement with the United States Department of Agriculture ("USDA") has been reached. The lawsuit claimed the USDA discriminated against Native Americans who applied for or tried to apply for farm loans or loan servicing. The USDA denies it did anything wrong.

Am I included?

The Class includes all Native American farmers and

- · Farmed or ranched or attempted to farm or ranch
- Tried to get a farm loan or loan servicing from the USDA during that period; and · Complained about discrimination to the USDA

either on their own or through a representative You are not eligible for this Settlement if you filed a claim, or intend to file a claim, in another USDA discrimination case like Pigford I or Pigford II (Black

farmers), Garcia (Hispanic farmers) or Love (Women Because of a law passed by Congress, you are also not eligible for this Settlement if you either:

- · Experienced discrimination only between January
- 1 and November 23, 1997; or
 Complained of discrimination only between July 1 and November 23, 1997.

What does the Settlement provide? The \$760 million Settlement will pay cash to Class Members for valid claims as well as attorneys' fees (between 4% and 8%, subject to Court approval) and awards. The Settlement includes up to \$80 million in USDA loan forgiveness for Class Members who qualify. The USDA will pay an additional \$20 million to implement the Settlement and will make some changes to their farm loan programs.

Any money left after all payments and expenses have been made will be donated to one or more organizations that help Native American farmers

What can I get from the Settlement?

The amount of money you will receive will depend on whether you file a claim under Track A or Track B. It will also depend on the total number of claims that are filed and approved.

Track A - You can get a payment up to \$50,000 for your discrimination claim plus an additional 25% paid to the IRS to reduce any income tax you may

Track B - You can get the amount of your actual damages up to \$250,000. Track B requires more proof than Track A.

USDA Loan Forgiveness - Under both Track A and Track B you can get forgiveness on part or all of your eligible USDA farm loans plus an additional 25% paid to the IRS to reduce any income tax you may

How do I get benefit

You will need to file a claim by **December 24**, **2011** to get benefits. After the Court approves the Settlement, meetings will be held across the country to help Class Members file claims. You can register for a Claims Package at the website or by calling the toll-free number

What are my other rights

- . If you want to keep your right to sue the USDA about the claims in this Settlement, you must exclude yourself by February 28, 2011. Unless you exclude yourself, you will be bound by the terms of this Settlement
- If you stay in the Settlement, you can object to or comment on it by February 28, 2011.

The Court will hold a hearing on April 28, 2011 to consider whether to approve the Settlement and the attorneys' fees. The Court has appointed attorneys to represent the Class. You or your own lawyer may ask to appear and speak at the hearing at your own

For More Information: 1-888-233-5506 www.IndianFarmClass.com

First Nations **Community Financial**

"YOUR SUCCESS IS OUR SUCCESS"

Strengthening Native American

Families and

Communities by

providing the

highest quality of

services.

Small Business Commercial Lending Program

personal financial

First Nations Community Financial is proud to announce

that we will now be offering Small Business Loans .

If you are interested in applying for a Small Business Loan

please contact us for

Program Guidelines and Application Materials.



Community Financial

PO Box 588 320 Epinal Ave. Tomah, WI 54660

Phone: 608-374-2104 Fax: 608-374-2086 E-mail: FNCF@ho-chunk.com

> Fnalish or Spanish

*No cost

glucose meter

and test strips!

ATTENTION HO-CHUNK ELDERS & TRIBAL EMPLOYEES

Diabetic Footwear is now available to those individuals who qualify.

We have a qualified fitter that will come to your home, local Ho-Chunk Clinic, or TAU







Diabetic Footwear 1 pair per calendar year

In 1993, Congress passed the Medicare Therapeutic Shoe Bill, which allows qualified persons to receive

protective footwear and inserts



Custom Fitted Inserts 3 pair per calendar year

- Made to match your foot for maximum comfort
- Including Toe-Fillers for those with amputation

* No Out of Pocket Costs

 Medicare covers the costs of preventative footwear if you are diabetic and have a medically qualified foot issue.

– Similar benefits are available to Non-Medicare Ho-Chunk Elders and Tribal Employees through Auxiant Insurance.

No Bills

Your local representative:

Paul Clements

- We handle all the paperwork
- Other Insurances Accepted (Some restrictions may apply.)
- We retrieve prescription paperwork from your doctor

MEDICAL & DYNAMICS_M

Call Now

(Wisconsin Residents Only) For more information or to set an appointment for your free fitting.



The Ho-Chunk Nation Health Department is proud to sponsor

MOM BABY BRUNCHES

For Native American women who are expecting or new Moms. Brunches will be on Fourth Thursday

10:30 a.m. to 12:00 p.m.

Alberta Day Room - The House of Wellness in Baraboo TOPICS OF DISCUSSION INCLUDE:

Prenatal Education: Including nutrition, the "NO's "of pregnancy, what to expect at your prenatal appointments, and how to cope with the discomforts of pregnancy.

Childbirth Education: Including What happens during labor, massage, the birth ball, labor positions and Lamaze.

Postpartum Education: Including taking care of baby, what to expect during the postpartum period, ways new mothers can take care of themselves while caring for their baby, and breastfeeding.

Help with car seat installation plus a free car seat, baby gifts, and much more!

Family welcome!

RSVP to 608-355-1240 ext. 5510 is appreciated but not necessary. See you there!

NOTICE OF VACANCY

ALK ALK ALK ALK

The Ho-Chunk Nation TERO Commission is seeking applicants to fill two (2) Vacancies.

Carry out the provisions of this Ordinance, in accordance with the policy of Indian Preference in employment and in contracting, as established by the Ho-Chunk Nation Legislature. The Commission shall be free from interference from any branch of the Ho-Chunk Nation government in carrying out their duties under this Ordinance.

Adopt, amend, or rescind rules and regulations and to develop and implement policies and guidelines necessary to carry out the provisions of this Ordinance.

Adopt bylaws and internal rules to govern the activities and procedures of the Commission.

Serve in an advisory capacity to the TERO and meet the program staff for the purpose of securing information relative to its advisory

Qualifications:

Enrolled member of the Ho-Chunk Nation Knowledge and familiarity with the TERO Ordinance Knowledge and understanding of employment issues Business experience, Board experience and flexible scheduling are beneficial.

Application Deadline: January 12, 2011

Interested applicants may obtain a TERO Commissioner Application from the Ho-Chunk Nation Department of Labor. Return the application along with your resume, a copy of your Tribal I.D. and Valid Driver's License to the Tero Department no later than 4:00 PM on January 12, 2011. The application may be dropped off in person or mailed to:

> Ho-Chunk Nation Department of Labor ATTN: TERO DIRECTOR PO BOX 667, Black River Falls, WI 54615

ALK ALK ALK

Community Relations Committee

December Meeting

Ho-Chunk Gaming Wisconsin Dells December 14 @ 10 am

Karen Nachreiner Training Room

Any questions or concerns please contact Cara Lee Murphy 1-800-294-9343, extension 1123 or e-mail at caralee.murphy@ho-chunk.com

Education **Board of Directors**

Has openings for Area II, Area IV and Area V. If interested please contact Michelle Lewis at the Education Department to inquire about duties and qualifications.

Email address: michelle.lewis@ho-chunk.com

TERO COMMISSION MEETING NOTICE

Regular Meeting Tuesday, December 14, 2010 · 3:00 P.M. DEPARTMENT OF LABOR CONFERENCE ROOM

BLACK RIVER FALLS FOR MORE INFORMATION CONTACT: TERO DIRECTOR • 1 (800) 294-9343 X 1141

NOTICE:

Christmas gift For Ho-Chunk Minor Children

Checks to the Ho-Chunk Children will be mailed out this week, please note that the Ho-Chunk gaming facilities are unable to cash any of these checks.

Jackson County Bank in B.R.F. has been notified and will require the parent/guardian to ALSO SIGN FOR THE MINOR CHILD AND SIGN FOR THOSE UNABLE TO SIGN.

THE HCN GAMING COMMISSION HAS SENT NOTICE TO THE GAMING FACILITIES AS FOLLOWS:

"After careful review and consideration, the Gaming Commission has concluded that allowing persons under 21 years of age to access the Class III gaming floor, whether or not escorted by a supervising adult, for the purpose of cashing checks at the cash access services does not fall under a permitted exception pursuant to either the Gaming Compact section V.B. or the Gaming Ordinance section 23. B.

Happy Holidays!!

ATTENTION THE TOMAH POW-WOW

COMMITTEE WILL NOT BE HAVING A



NEW YEAR'S SOBRIETY POW-WOW THIS YEAR.

For Sale Cha - Ha

Smoked Brain Tanned Deer Hide

William Goodbear (715) 896-2326



5 Generations: a gift of life

neshiek

Tracy Pecore Newsletter Editor

Black River Falls Ho-Chunk elder and veteran, Norman Snake, arrived to meet and greet his grandson Talon Jae Powless on Sunday, October 14. With his usual little ponytail with a dash of grey peering out (that he's been trying jeans and t-shirt entourage with his old Wisconsin Winnebago jacket, and his darker shade of glasses with Navy cap tilted just a hair to the side, Norman told a couple jokes, reminisced, and enjoyed a few laughs while talking about watermelon.

Like any other grandfather, or greatgrandfather, Snake was overwhelmed with joy the first time he saw a fifth generation of the Snake family arrive; his great-grandson Talon. As he sat there he thought about his brother Reuben (the youngest brother from his father's first marriage out of Winnebago, to the Greyhair family), who passed away some years back due to heart complications

neart complications.

He remembered his brother saying,
"Someday brother, you'll see my
great-grandchildren." He thanked God
as he cradled him in his arms looking
at those plump little cheeks, fragile little fingers and toes, and enjoyed the smell of a newborn, for being able to see his great-grandson that his brother didn't have a chance to see.

Sitting there holding the newest edition of the Snake Family made him think of everything that has happened thus far throughout his life. As a child,

Snake was raised in a foster home by a Norwegian family with the last name Nelson. He believes they envisioned something for him without knowing it and remembers them saving, "someday, you might become a father or grandfather." Growing up, he always received encouragement from them and it made him feel real

When he was old enough to enlist, he joined the Navy and saw half of the world during his 4 years of service. When he returned back to the states, he made his way to LaCrosse and worked construction for a while and then travelled to Janesville where he worked more construction. He eventually made his way back to Black River Falls after all those years of wandering and then headed to Winnebago, Nebraska as Norman Snake not Norman Nelson. He felt good living in a native community amongst relatives, where he met the rest of the Snake family (3 brothers and 2 sisters: PJ, Sterling, Winneford, and Reuben Jr.) from his dad's first marriage with Virginia Greyhair, but in time he made his way back to Wisconsin.

Growing up in a Norwegian foster home, he said when he came back from Winnebago he felt like "Norman Nelson" and wanted to be Indian again. That is when he started to visit with the elders from the Traditional ways and Native American Church ways and learned a lot from them. He

> a Ho-Chunk Woman by the name of Cheryl Decorah, and once again he felt Indian.

Today, he passes on what he learned and remembers back in the day. them old Indians, use to pray and shed tears as they prayed for their children and grandchildren wishing them the very best." As a Great-grand-father, he cherishes every moment and helps out when he can, even if it means being the "shuttle driver" for his grandkids

Norman is the head of the Snake Clan and the oldest of five brothers out of eleven siblings (Nor man, John, Richard, Roger, Terry, LaRue, Ralph, Marlin, and two sisters named Sadie and Lita), from his dad's sec-

eventually had four children (Tricia, Norman Jr., Marlin, and Karena) with



Norman with sisters Lita & Sadie, son Norman Jr., Jerome Lapointe, Sarah Snake (Winnebago tribal council member), D'von Lapoint, and Viola Rave-Lapointe (wife to older brother Peter John, aka PJ). Pi ture was taken at the clan campsite at the 2010 Black River Falls Labor Day powwow.

great-grandchildren.

ers also in his

was seeing

thoughts, as he

something his

older brothers

never got to see...their

Below is a passage Norman would like to share with everyone that was written by his brother, Reuben Snake from his book titled. "Reuben Snake: Your humble serpent"...

As I've come along through life, I've tried to pay attention to what the old people say. I hear them talking about the four hills of life that we all have to walk. They say we're on a journey. We're climbing these four hills. They talk about this first hill being your own personal self. From the time we are born until we grow to adulthood, we are going through life's experience and we are supposed to be learning something about our place in the Divine Creation. That first hill of life has to do with the individual, how one develops all of the personal gifts that the Creator has given each of us. Sometime after one reaches that stage of adulthood, each of us will meet another human being, a person of the opposite sex, some person we will be drawn to and whom we will ask to share our life. That's the beginning of the second hill of life. From then on one is no longer responsible merely for one's self. One is no longer required only to look after one's own personal needs. Now one has a life to make. From then on as we walk down this road of life we have to make adjustments and be considerate of this other individual. We must shape our thinking and mold our thinking in that manner as we walk down this road with another human being. As we go along together as man and wife we are going to be blesses with children. These children are going to come into our lives and that's going to increase our responsibility because we are taught that when we bring life into this world we have to be responsible for that life. We have to do our best to bring this person up, to make sure they are walking in a right way and walking on the good road. So we have to devote time and energy to that end so that this person is not going to go astray. So that's the second hill of life that consists of being dedicated to our mate and to our children.

Then one reaches a certain age where one's children grow up to be the same size that we are. They're going to know something about life if we did our job adequately and well. They're going to do the same thing that we did. They're going to get married and eventually have children. When our children have children, that's the be-ginning of the third hill of life. These

grandchildren of ours are going to become very special to us. We are going to want the very best for them. Be-cause we have lived as long as we have, we're going to be able to share life's experience with them. We're going to be able to help their parents in that way. We're going to be able to tell these little people the meaning of life and how to walk this road of life to avoid all the pitfalls and the dangers of life and to have a good and happy

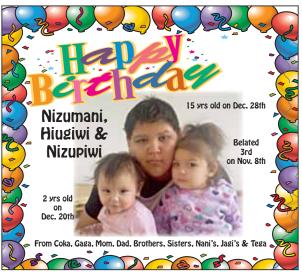
Our grandchildren are going to walk in the footsteps of their parents who are going to be walking in our footsteps. So we are walking down this road of life, climbing these hills of life, and our offspring are coming along behind us. They'll find a mate and they'll get married and they'll have children, when we have great-grandchildren, then they say that's the fourth hill of life that we are ascending. By then the Great Spirit will have crowned us with the gift of life, by turning all the hairs on our heads white. Just like the great bald eagle, we'll be white-headed. That's a blessing from the Creator. And one is going to continue to lay down footsteps, the footprints in which one's children, grandchildren, and now one's great-grandchildren, are going to be walking. As on lays down these footprints one has to be very careful to insure that one does not lead one's offspring astray. That's what the elders say. One must stay close to the Holy Fireplace and practice these spiritual

We must have compassion and respect and honor for our fellow humans. All these virtues are needed in order for our offspring to have a full and rewarding and happy life. This is what our old people have talked about, the four hills of life. The four hills symbolize that we are making an ascent into the spirit world. We are going uphill all the time. Sometime after we have fulfilled all of our duties and obligations, we will go on into the spirit world. It's like ascending into heaven. That's what we are working

If one can put aside the alcohol and concentrate on spiritual development, one will find life is very fulfilling That person is going to be a lot hap-pier and is going to get along better in life. I didn't become immediately a fi-nancial success. I didn't have all the money in the world. I didn't have all the material things, but I found happi-"Happiness is not doing what you like to do but learning to like what vou have to do.



(L-R) Marissa Stabler (great-granddaughter and daughter to Tricia), Annabelle Lowe (great-great-grandmother to Talon, greatgrandmother to Marissa, and twin sister to Anna Snake and nani to Norman), Tricia Custodio (granddaughter to Anna, daughter to Norman, grandmother to Talon, and mother to Marissa) holding Talon Jae Pow-less (great-great-grandson and son to Marissa), Norman Snake (great-grandfather to Talon, grandfather to Marissa, and father to Tricia).



Wisconsin First Lady Jessica Doyle visits Ho-Chunk student

John Kozlowicz Staff Writer

On November 22, Wisconsin's First Lady, Jessica Doyle, made the nearly 100-mile trip from Madison to Port Edwards specifically to visit with 13-year-old Mariah Prescott, a 7th grader at Port Edwards Middle School.

Each week during the school year, Doyle invites students to play the online game, Where in Wisconsin is Jessica Doyle? Using clues that focus on a Wisconsin city's geography, history and culture, students try to identify a city in Wisconsin. For Week 10, Mariah was one of two students chosen with the correct answer, earning a personal visit from the First lady.

Mariah's Social Studies teacher, Tim Martin said that the class typically spends an hour a week on the project. He added that all the students with the correct answer (typically 1000-1200 students statewide) have their names put in a random drawing and the person selected is visited by the First Lady at their school. He believes that Mariah is at least the second student drawn from the district.

For correctly identifying the mystery city as St. Germaine, in addition to meeting Jessica Doyle, Mariah received a bag of gifts that included certificates donated by the Wisconsin Department of Tourism, including a gift certificate to be used in St. Germaine.

Doyle explained that when she started the game eight years ago, her purpose "was to get students interested in some of the wonderful places we have in Wisconsin." Students in grades 4-8 are eligible to play and win prizes by visiting www.whereisjessica.wi.gov. Visitors to the site can also see the clues and answers to past questions, including the clues Mariah used to identify St. Germaine.

With Mariah at her side, Doyle urged all her middle school classmates to read. "The more you read, the better you'll get at it and the more you will enjoy it," she said. She explained that her website suggests five books for five age groups every month and she encouraged the students to set aside a designated time to read at home. She urged the students to "keep on reading."

Mariah said that Social Studies is one of her favorite classes and that she was excited to meet the First Lady. One of her prizes was a gift certificate from the St. Germaine Chamber of Commerce and Mariah said that she



Mariah and Jessica Doyle with Social Studies teacher, Tim Martin (left) and Principal, Gus Mancuso.

hopes to visit the city next summer. Mariah is the daughter of

Mariah is the daughter of Patsy Snowball. Her maternal

grandparents are Brian and Carla Snowball of Wisconsin Rapids.



Mariah and her family celebrate her award with Jessica Doyle. Left to right: Mom-Patsy Snowball, Sister-Emily, Mariah, Jessica Doyle, Grandparents-Carla and Brian Snowball.



With her classmates looking on, Mariah sits next to First Lady, Jessica Doyle, patiently waiting to receive her award.

Native runners recognized

John Kozlowicz Staff Writer

During the recently completed high school cross country season, Native runners Wehonna Toth (Seneca) and Lydia Cloud (Ho-Chunk) were given special recognition by their teammates on the Black River Falls Girls Cross Country Team. Lydia, a sophomore, was named Most Valuable Runner and Wehonna, a junior was selected a Team Captain by her peers.



Wehonna Toth and Lydia Cloud.

When contacted, Coach Paul Rykken noted that both girls are "great kids" deserving of the recognition and summarized each girls' contribution to the program.

"Lydia Cloud proved herself to be an outstanding runner in her first experience with Cross Country this fall. She is an accomplished hockey and softball player and we encouraged her to run for conditioning. She is a highly competitive young woman who really has the drive to excel. Along with that, she has a wonderful and very coachable personality. She has a great future ahead of her. She came two places away from making the State Meet running in very tough sectional."

"Weho Toth has been with our program for several years. She was selected as Captain by the runners and coaches and it was a very deserving selection. She has worked hard in both Cross Country and Track and is very dedicated to her sport. Running is more than just a way of life for Weho, it's a lifestyle. She has had her share of success and setbacks along the way. The great thing is that she has no quit in her, she fights on and continues to strive to become the best she can be."

Lydia is the daughter of Shelley Thundercloud.

Wehonna's parents are Jay and Nancy Toth

Get Fit Olympics

Sara L. Peterson Staff Writer

The House of Wellness in Wisconsin Dells hosted an awards ceremony on November 29th, 2010 for the Get Fit participants. The aim of the program is to introduce exercise into their lives in a fun and enjoyable way. There was a 3 day mini Olympics held at the H.O.W gym where children and youth competed in events such as obstacle courses, dribbling with a basket ball, swimming and dodge ball. There was no cost for children to participate and parents and relatives were invited to celebrate their child's accomplishments at the ceremony.

This was not a competition and all the youth went home with a Get Fit Award for completing all the activities. 74 students grades K-12 took part in this program; the youth had fun and were educated on how to make exercise fun. The youth also made posters and participated in the WOW program (Wave on Wellness). This program is accredited for use in this classroom, it teaches various health related subjects to children. At the end of the WOW program children participated in the Jog your Memory questionnaire that makes the children eligible to win admittance into soccer camps and other great prizes.



Participants enjoying their ceremony